

2018 CBSQ Playing Uniform Information

The following information outlines team uniform rules, compression garment regulations, and playing colours of all teams.

- The uniform of the team members shall consist of:
 - Singlets of the same dominant colour front and back. Players **must** tuck their singlets into their playing shorts.
 - Shorts of the same dominant colour front and back, but not necessarily of the same colour as the shirts.
- Each team member shall wear a singlet numbered on the front and the back with plain numbers, of a solid colour contrasting with the colour of the shirt. The numbers shall be clearly visible.
- Uniforms are to be numbered with printed numbers on front and back of the singlet. The following numbers are permitted to be used 0, 00 and any number between 1 - 99 in accordance with the Official FIBA Rules.
- An alternate set of playing singlets **must** be readily available for each game and the colours between each set **must** be distinctly light and dark. The same playing numbers must be allocated to players in both uniforms; however, if they are not the Event Commissioner is to be informed prior to the event.
- In the event of two teams having the same or similar coloured primary uniforms, the first named team on the draw (Team A) **must** wear their primary uniform and the second named team (Team B) **must** wear their alternate uniform. However, if the two teams agree, they may interchange the colours of the shirts. The Referees will have the final say as to whether there is a clash of uniforms.
- Playing shorts **cannot have pockets**.
- Each team is required to carry at least one (1) spare playing singlet and shorts in case a uniform is spoilt by blood. The spare uniform is to be of a different number to those already listed on the scoresheet.
- Jewellery is **not permitted** to be worn.
- Certain types of compression garments are prohibited to be worn by players, while other garments are subject to colour restrictions. Please see next page for full details.
- Head bands, maximum of five (5) cm width, made of non-abrasive, unicolour cloth, pliable plastic or rubber and must be of a colour which is included in team uniform. E.g. if blue is in the uniform, a blue headband is permitted.
- No t-shirts, full body suits, torso skins with sleeves, or full-length leg tights are to be worn under uniforms unless a **medical certificate stating a valid reason why they must be worn** is submitted to the BQ Competition Manager at least seven (7) days prior to the event and approved. If approval is granted, the garment must be of the same dominant colour as the playing uniform. The BQ Competition Manager's decision is final and not subject to appeal.

• Compression Garment Regulations

Sport Half Tight Skins/Power Shorts

Permitted.

Colour **MUST** be the same as playing uniform shorts if extending below. Shorts **MUST** end above the knee.



Sleeveless Top

Permitted - provided they do not extend beyond the player's singlet (except at the neck line).



Powersock and Calf Tights

Permitted

Colour does not have to be the same as playing uniform. Socks or tights **MUST** start below the knee.



Power Sleeves

Permitted

Colour **MUST** be the same as playing uniform



The following compression garments are NOT PERMITTED:

- Full/3-quarter leg tights
- Tops with sleeves
- Full-body suits

